Dear Parents and Friends of St Catherine’s School Community

I encourage you to read the reflection:

One day, a small opening appeared on a cocoon. A man sat and watched the butterfly for several hours as it struggled to force its body through that little hole. Then it seemed to stop making any progress. It appeared as if it had gotten as far as it could and it could not go any further. So the man decided to help the butterfly: he took a pair of scissors and opened the cocoon. The butterfly emerged easily but it had a withered body, with tiny shrivelled wings. The man continued to watch because he expected that, at any moment, the wings would open, enlarge and expand, to be able to support the butterfly’s body and become strong. Neither happened! In fact, the butterfly spent the rest of its life crawling around with a withered body and shrivelled wings. It never was able to fly. What the man in his kindness and his goodwill did not understand was that the restricting cocoon and the struggle required for the butterfly to get through the tiny opening, were God’s way of forcing fluid from the body of the butterfly into its wings, so that it would be ready for flight once it achieved its freedom from the cocoon.

Sometimes struggles are exactly what we need in our life. If we went through life without any obstacles, it would cripple us. We would not be as strong as we could be; never being able to fly.

As parents we face the irresistible temptation to hurry along our children’s growth and development and see them achieve at a pace we set rather than at a naturally developing one. The very best of intentions ultimately limited the butterfly for life. Rescuing children from the struggles and the challenges they face may be well intentioned, yet ultimately detrimental to the long-term wellbeing of the young people in our care.

This was certainly the result for the butterfly as his committed and loving observer sought to free him from a struggle. The urge to solve our children’s problems and issues through a reflex reaction or response, such as withdrawing a child from a situation or taking matters into our own hands or finger pointing or highly emotional reactions, can be overwhelming and yet rarely, if ever, does it provide a satisfactory outcome.

Children can face sadness, anxiety, broken friendships, teasing, torment and loneliness.

All of us must learn to face these struggles and emotions in life and this learning begins in our formative years. This learning process is so much harder for some than others and the process can be hindered or helped by the intervention we receive throughout our childhood. The pain of our children can often be more intense for us as parents, than our own. In essence we can take to the situations our children face, with the scissors (as happened to the butterfly) or we can stand beside the child, offering wise counsel, loving unconditional support and guidance. The latter helps the child develop the necessary strength, resilience, confidence, organisation and character to be equipped for their life journey. The scissors approach may deem them strugglers for life. As a parent or teacher this help takes patience, confidence, consistency and faithfulness in our belief that the longer term outcome is of far greater benefit than the quick fix or the instant rescue.
Canberra Campers
Our Year 6 Canberra campers returned safely, but very tired on Friday evening, after an educational tour of our nation’s capital. Students were given the opportunity to participate in a variety of educational programs which focus on Australia’s history, culture, heritage and democracy.

The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families meeting the cost of the excursion, the Australian Government contributes funding of $30 per student under the Parliament and Civics Education Rebate (PACER) program towards those costs. The rebate is paid directly to the school upon completion of the excursion. The rebate was deducted from the overall cost of the Canberra Trip.

Once again, we thank the staff and parents who looked after the students throughout the week. The students displayed exemplary behaviour and were a credit to themselves, their families and their school.

Child Safety Matters
As we continue to embed requirements with respect to fulfilling minimum child safety standard expectations, all volunteers, including parent helpers, are to read and sign the school’s Child Safety Code of Conduct. A copy of this document can be found on our school website as well as on the Skoolbag App.

Volunteers need only sign this once when next signing in at the Front Office.

World Teachers’ Day
This Friday, 28th October, Australia celebrates World Teachers’ Day. World Teachers’ Day provides the opportunity to draw public attention to the role of teachers worldwide as well as to the crucial importance of the role they play in society. Internationally, World Teachers’ Day is celebrated on the first Friday in October. However, as this is usually during Australian school holidays, Australia celebrates the day on the last Friday in October of each year. World Teachers’ Day acknowledges the efforts of teachers in an increasingly complex, multicultural and technological society. It is a day on which students, parents and community members can demonstrate their appreciation for the contributions that teachers have made to their community and for the life-giving work they do in enriching the social, economic and intellectual fabric of our world.

As a Principal and as a parent, I would like to commend and thank all the staff of our school for the vital work they do, for the example that they set, for the support that they extend, and for the extra mile that they walk each and every day to ensure that students are given the very best of learning opportunities.

School Closure Day
The school will be closed next Monday 31st October and Tuesday 1st November for a planning day and the Melbourne Cup Public Holiday respectively. Our Prep students will stay home on Wednesday 2nd November, to enable the first Orientation Day of our incoming Prep students.

School Spirit Award Sausage Sizzle for Term 3 Winners
As our Term 3 School Spirit Award winners for Term 3, Gallagher Gold house team will enjoy a sausage sizzle and a drink on Monday, 7th November.

2017 Enrolments
As the school undertakes the enormous process of preparation for the upcoming school year, it is important that we are aware of possible movements both in and out of the school community. The end of any school year is a busy time for many families insofar as transfers due to work or other personal circumstances.

With limited vacancies existing in only one or two year levels, it is essential that we are made aware as soon as is practicable of families who may be transferring.

Catholics Celebrate Two Great Feast Days
Early next week, Catholics universally will celebrate two great feast days, All Saints Day on 1st November and All Souls Day on 2nd November.

All Saints Day is the day on which Catholics celebrate all the saints, known and unknown, and is a surprisingly old feast. It arose out of the Christian tradition of celebrating the martyrdom of saints on the anniversary of their martyrdom. When martyrdom increased during the persecutions of the late Roman Empire, local dioceses instituted a common feast day in order to ensure that all martyrs, known and unknown, were properly honoured. All Souls Day is often overshadowed by the two days preceding it, Halloween (31st October) and All Saints Day (1st November). All Souls Day is a solemn celebration in the Roman Catholic Church commemorating all of those who have died.

November is the month to remember and pray for our departed relatives and friends.
Pokemon Cards
With the current Pokemon card craze, students are reminded that bringing cards to school is done so entirely at their own risk. The same goes for any personal toys brought from home. Card trading is also discouraged and best left for when parents can assist children to do so in an environment that is more suitably supervised for this.

Uniform Changeover Extended – Again!
Please note that due to the ongoing cooler weather of late, it has been decided to extend the transition to summer uniform until Monday, 7th November. This means that students will continue to have the option of either wearing full winter OR full summer uniform until then.

Skoolbag App
If you are having trouble accessing the Skoolbag App please contact support on support@skoolbag.com.au.

Glandular Fever
There has been a reported case of Glandular Fever in the school. For any information around this please go to the following website https://www.betterhealth.vic.gov.au/health/conditionsandtreatments/glandular-fever.

2017 Orientation Days
HELPERS NEEDED PLEASE!
If anyone can help, it would be greatly appreciated – it is just to help new families size their uniform. NO dealing with payments. Please see the below dates and contact dhinds@stcbberwick.catholic.edu.au if you can help.

- Wednesday 2nd November
  1. 9.00am - 9.45am
  2. 10.00am – 10.45am
  3. 12.00 – 12.45pm
  4. 2.00pm – 2.45pm

- Wednesday 23rd November 9.30am – 10.30am
- Friday 16th December 11.30am – 12.30pm

Finally……. this term is an important one in classrooms, as teachers will be finalising teaching and assessment tasks in preparation for end of year reporting. It is also an important term for our Year 6 students who will be leaving us at the conclusion of the school year to head off to high school. I ask that parents work with the school to try to have children in attendance as much as possible during this term so that students can be fully engaged in the tasks that are being undertaken.

Hence, as we work towards the end of the 2016 school year, let us all keep reminding ourselves that our children are learning through inquiry, targeted and explicit teaching as well as through hands-on, problem-solving and play experiences. Each child, teacher and school officer has grown throughout the year and we are thankful for what we are and have achieved.

Yours in Catholic Education

Kevin Browning

Student of the Week
Fletcher Balsom
For making good decisions about who to play with.
### PRINCIPAL AWARDS

**JAPANESE**
Emilio Ramos (5SC)
Luke Wilkinson (4OB)
Kimberly Setiawan (4WG)

**YEAR 3 LR**
Macallan Dodd
Trista Watts
Joshua McAuliffe

**YEAR 3 KC**
Nathan Hackett

**YEAR 3 LV**
Kimberly Setiawan
Dylan Madeley
Keiran Hite

**YEAR 3 ST**

**YEAR 3 LR**
Macallan Dodd

**YEAR 3 KC**
Trista Watts
Trista Watts

**YEAR 4 WG**
Toby Edwards.

**YEAR 4 OB**
Rhesa Lane
Heresh De Silva
Laura Evans

**YEAR 4 NG**
Geogia Vahland
Marcus Fernandes

### PLEASE NOTE RECENT CHANGES IN RED

#### St Catherine’s Term Overview

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<tbody>
<tr>
<td></td>
<td>PREP Incursion</td>
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<td>HOOPTIME Grade 3-4 Regional Final</td>
<td>SPORTS DAY</td>
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<td>3-4 Regional Final - Future Stars</td>
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<td>Oct 31</td>
<td>Nov 1</td>
<td>Nov 2</td>
<td>Nov 3</td>
<td>Nov 4</td>
<td>Nov 5/6</td>
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<td>STUDENT FREE DAY</td>
<td>MELBOURNE CUP DAY</td>
<td>STUDENT FREE DAY</td>
<td>Year 4 Mass &amp; lunch</td>
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<td>Nov 7</td>
<td>Nov 8</td>
<td>Nov 9</td>
<td>Nov 10</td>
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<td>Nov 12/13</td>
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<td>School Board 7pm</td>
<td>11.00am - Remembrance Day</td>
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<td>Nov 14</td>
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<td>Nov 16</td>
<td>Nov 17</td>
<td>Nov 18</td>
<td>Nov 19/20</td>
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<tr>
<td>Parents and Friends AGM</td>
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<td>Year 5 &amp; 6 class Mass</td>
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<td>Nov 21</td>
<td>Nov 22</td>
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<td>Nov 24</td>
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<td>Nov 26/27</td>
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<td>Prep Orientation 2</td>
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<td>Nov 28</td>
<td>Nov 29</td>
<td>Nov 30</td>
<td>Dec 1</td>
<td>Dec 2</td>
<td>Dec 3/4</td>
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<td>Parent Helpers</td>
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<td>Dec 5</td>
<td>Dec 6</td>
<td>Dec 7</td>
<td>Dec 8</td>
<td>Dec 9</td>
<td>Dec 10/11</td>
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<tr>
<td>6.30pm - Graduation Mass and Supper</td>
<td>YEAR 5 CHRISTMAS MARKET - MACKILLOP SPACE</td>
<td>Board Dinner 7pm</td>
<td>Doveton Pool Day</td>
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<td>Dec 12</td>
<td>Reports home</td>
<td>Dec 13</td>
<td>Dec 14</td>
<td>Dec 15</td>
<td>Dec 16</td>
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<td>Dec 14</td>
<td>Dec 15</td>
<td>End of Year Mass 9.30am</td>
<td>11.30pm - 12.30pm Last day for students 3.15pm dismissal</td>
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<td>Dec 19</td>
<td>Dec 20</td>
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<td>Dec 17/18</td>
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ASSEMBLY
No Assembly this week due to Sports Day.

LIBRARY NEWS
Melbourne Child Magazine is available from our Library.

RE NEWS
Parish Weekend Masses:
Saturday: 6pm Sunday: 9am, 10.30am and 6pm
Reconciliation: Saturday 9.30 – 10am and 5.30pm or by arrangement.
First Communion: please prayer for children who are receiving their First Communion over the next two weeks
Ceremonies: Saturday 29th, Sunday 30th October
Saturday 5th, Sunday 6th, November
All First Communion Masses will be held at St Michael’s, our Parish Church.

Term 4 CAD: On the 11th November we will be holding a fundraiser to raise money for further cancer research. We are asking for everybody in our school community to participate. Feel free to wear a splash of pink but only for a gold coin donation. We will have activities taking place at recess and lunch. The Junior Students (Foundation to Year 2) will participate at recess and Seniors (Year 3 to Year 6) at lunch. Please bring extra money if you do wish to participate as most activities will be at the price of 20 cents. You can also donate after school in the courtyard. We hope you will support us for further cancer research. Refer to the CAD Flyer.
Thank you,
Charlotte Hartley and Chloe Davie

Mass Timetable Term 3: All Masses are at 9.30am unless otherwise advised.
Nov 4th - Yr 4
Nov 11th – Foundation & Yr 1
Nov 18th – Yr 5 & Yr 6
Dec 6th – Graduation Mass at 6.30pm
Dec 16th – End of Year Mass

“There is more to life than simply increasing the speed.”
Mahatma Ghandi

UNIFORM SHOP
PLEASE NOTE OUR UNIFORM SHOP PRICE LISTS ARE ON OUR WEBSITE UNDER SCHOOL COMMUNITY/SCHOOL UNIFORM

Open Hours
Monday and Friday 8:30am-10:45am
Tuesday, Wednesday, Thursday 8:30am-9:00am

To order:
· Visit the Uniform Shop
· Phone, sms or email your order to Jan
· Complete order form and leave with Class Teacher or Reception. If paid in full, goods will be delivered to Class Teacher.

You can email your order to
· jan-k@bigpond.com, or SMS or phone 0448 060 100, or complete an order form which can be left at uniform shop, send to shop via your child, or left at reception - or visit the uniform shop during open hours.

Note: Unpaid goods will be held for one week ONLY in the shop awaiting payment and collection.

Iron on labels 80 cents per label or $3.50 for 5

Thank you
Jan
0448 060 100

HAPPY BIRTHDAY
Luke Wilkinson
Bianca Estifo
Nethmi Fernando
Matthew Kandetzki
Charlise Wagner
Georgia Reiger
Charlotte Hartley
Emma Heinze
Kristina Ramos
Sienna Balsom
Tania Jino
Christian Pascuzzi
Term 4 CAD

Raising funds for Cancer Research

Friday November 11 2016

You can donate online too

Competition:

Ball in the Bin

Help us support cancer research

Obstacle course

After school
carnival

Guess how many jelly beans
in the jar

Bring some extra money to
participate in some cool games

Wear a splash of pink for

Courtyard scavenger hunt

Donations

A gold coin donation would be
great!
This Friday is our annual School Sports Day over on the St Francis Xavier oval. This year, we are trialling a slightly different format. Students will rotate around their events throughout the morning as in previous years however one of the rotations will now include the baton relay. Traditionally these baton races have been run after lunch as a whole school activity.

This year, the post lunch program will include the Grade 6 Championship races and a ‘special’ feature event and the baton relay will be integrated earlier in the program.

On Sports Day your child is allowed to wear a t-shirt in their house colour but please no hairspray or face paint. The rest of their attire should be the standard school sporting uniform.

Please send your child to school with a safety pin pinned to their t-shirt so they can pin their variety of ribbons they will win.

<table>
<thead>
<tr>
<th>Time</th>
<th>Session 1 9:10-9:30</th>
<th>Session 2 9:30-9:50</th>
<th>Session 3 9:50-10:10</th>
<th>Session 4 10:10-10:30</th>
<th>Session 5 10:30-10:50</th>
<th>Lunch Break 1:50-2:45</th>
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<tr>
<td>EVENTS</td>
<td>Prep</td>
<td>Grade 6</td>
<td>Grade 5</td>
<td>Grade 4</td>
<td>Grade 3 Boys</td>
<td>Session 6 11:40-12:00</td>
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<td>Distance Run</td>
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<tr>
<td>Jumping Sack Relay</td>
<td>Grade 1</td>
<td>Prep</td>
<td>Grade 6</td>
<td>Grade 5</td>
<td>Grade 4</td>
<td>Session 7 12:00-12:20</td>
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<td>Team Ball</td>
<td>Grade 2</td>
<td>Grade 1</td>
<td>Prep</td>
<td>Grade 6</td>
<td>Grade 5</td>
<td>Session 8 12:20-12:40</td>
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<td>Long Jump</td>
<td>Grade 3 Girls</td>
<td>Grade 2</td>
<td>Grade 1</td>
<td>Prep</td>
<td>Grade 6</td>
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<td>Baton Relay</td>
<td>Grade 3 Boys</td>
<td>Grade 3 Girls</td>
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<td>Prep</td>
<td>Morning Tea Break</td>
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<td>Sprints</td>
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<td>Grade 3 Boys</td>
<td>Grade 3 Girls</td>
<td>Grade 2</td>
<td>Grade 1</td>
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<tr>
<td>Bean bag Relay</td>
<td>Grade 5</td>
<td>Grade 4</td>
<td>Grade 3 Boys</td>
<td>Grade 3 Girls</td>
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<td>Vortex Throw/Shot Put</td>
<td>Grade 6</td>
<td>Grade 5</td>
<td>Grade 4</td>
<td>Grade 3 Boys</td>
<td>Grade 3 Girls</td>
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