Dear Parents and Friends of St Catherine’s School Community

Most of us, at some stage of our lives, have done something we should not have done or not done something we should have done. Sometimes we might not take responsibility for our shortcomings but, instead, choose to make excuses. This form of behaviour is not new as is evidenced in this somewhat unusual retelling of the Adam and Eve story: “Adam blamed Eve, Eve blamed the Snake and the Snake didn’t have a leg to stand on.”

We all make mistakes from time to time, but it seems to be an inbuilt tendency to blame others for our faults. There can be strong emotional pressures that motivate us to make excuses and so blame our upbringing, our circumstances, the way we have been treated by others and, of course, these days we can blame our genes. Unfortunately, the fact is that all excuses boil down to one common element: a lack or a denial of personal responsibility. Excuses are a common method of shifting blame as we attempt to keep our self-image intact, when we are faced with negative feedback.

If nothing is ever our fault and is always the fault of the circumstance or of someone else, then, this leads us to justifying our actions rather than taking responsibility for them. By refusing to make excuses and to embrace responsibility, we reap the rewards of self-respect, pride and confidence. Psychologists tell us that the happiest people are those who accept total responsibility for every part of their lives. What a wonderful gift we can give to our children, if they are able to accept total responsibility for their lives, because they saw us doing it.

Lord, I put my trust in you and ask
that when I get challenged by expectations and pressures,
I may have the courage to deal with them in a responsible way.

Happenings Around the School….

- **Year 3 Sleepover** - On Friday night, the Year 3 students will enjoy their first sleepover at St Catherine’s. The students will eat dinner together on Friday evening and then enjoy lots of activities. They will then strut their talents in a Talent Show, before settling down to watch a movie before getting ready for bed. In the morning they will enjoy breakfast together before being picked up by parents at 8am.

  This is the first experience in our camp program at St Catherine’s and encourages independence and self-reliance. The sleepover will be in the MacKillop Building. I would like to thank the parents who have volunteered to help the teachers on Friday as your help is much appreciated.

- **Year 6 Canberra Trip** - On Monday, our Year 6 students will leave for their trip to Canberra. This is a very important part of their Civics and Citizenship studies. The students will visit many significant sights, including Parliament House, the Mint and the War Memorial.

  I would like to thank all staff and parents for enabling this opportunity to be one which our students can be part of. I acknowledge that this is an enormous undertaking. Your commitment and contribution is very much appreciated.

- **Year 5 Leadership Week** - Whilst the Year 6 students are in Canberra, the Year 5 students will be participating in Leadership Week, where they will prepare for their role as leaders of St Catherine’s in 2017. They will hear from many community leaders and will work on group activities around leadership.
Whole School and Graduation Photos
Our annual whole school and graduation photos will be taken tomorrow, Thursday, 13th October. Students are required to be in full winter uniform for this occasion only (simply due to the fact that the weather is still so cool). For those classes who would normally wear sports uniform, you may simply bring along your runners for your scheduled PE lesson.

What's on for the Week Ahead?
The coming week remains busy. You may wish to note the following events:

- Wednesday, 12th October: Prep Parent Information Evening
- Thursday, 13th October: Graduation and Whole School Photo
- Friday, 14th October: Class Mass for Years 2 & 3 – 9:30am
  Year 3 Sleepover
- Monday, 17th October: Year 6 leave for Canberra
- Wednesday, 19th October: Prep Incursion

Holy Communion Celebrations
Last weekend saw the commencement of Holy Communion celebrations for 2016. This is certainly a very significant milestone in the faith journey of students who are receiving this sacrament for the first time and one which will hopefully strengthen their faith and commitment to the life and teachings of Jesus Christ. It is important to keep in mind, however, that this can only be possible in an environment where support from the faith community is recognisable and alive.

Congratulations to all students as they take this momentous step and may the example of Christ always shine through in who they are and in whatever they do.

Summer Uniform – Changeover extended another further week
Due to the continued cooler days, the summer uniform phase-in has been extended a further week. Hence, summer uniform is not compulsory until Monday, 24th October (commencement of Week 4). Students may therefore wear either full summer uniform or full winter uniform, and not a mixture of both.

We will continue to monitor the weather before enforcing the expectation of the summer uniform.

Online Book Club Orders
Where families would like Book Club orders to be picked up personally or held aside (as opposed to being sent home with your child), would you please inform the Office (who will in turn pass onto Luba Kirpichnikov, our school Book Club Co-ordinator).

Signing In and Out
Parents are reminded of the importance of signing in and out at the Front Office at any time that they may be working or volunteering within the school. This is simply a matter of workplace health and safety and enables the school to carry out due care for all members of our school community at all times. Thank you for your support.

Sporting Success
Congratulations to our Hooptime All Stars Team who participated in last week’s Regional Competition. They took out first place and now move to the State Competition. Well done!

School Fees
Tomorrow, school fees for Term 4 will be emailed and then on Friday sent out (for those who receive them this way). Fees for the term are required to be settled by Friday, 11th November, unless alternative arrangements have been discussed with myself. This does not apply to those with ongoing payment arrangements already in place.

As we move into these final weeks of the school year, all families are required to settle their accounts. Whilst the school will work with those families who are suffering genuine hardship, for those who are slow in settling accounts we request that priority be given to payment as soon as possible.

Working with Children Check – Have you listed St Catherine’s as a volunteer organisation??
All volunteers including parent helpers must ensure that St Catherine’s is listed as an organisation with the Working with Children Check. It is a requirement of the Victorian Department of Justice that the details of any new organisation with which a person is volunteering must be listed within 21 days.

Existing card holders can add St Catherine’s Primary School by simply updating their details on http://www.workingwithchildren.vic.gov.au/home/cardholders/update+your+details/. By doing this, the Department of Justice will then notify the School of your WWCC status.
School Board Meeting
Just a reminder to Board Members that our next meeting of the School Board is scheduled for next Thursday, 20\textsuperscript{th} October, commencing at 7:30pm in the Community Room.

\textit{Quote for the Week:}

\textbf{The human contribution is the essential ingredient.}
\textbf{It is only in the giving of oneself to others that we truly live.}
Ethel Percy Andrus

Yours in Catholic Education

\textit{Kevin Browning}

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\end{center}

\textbf{PRINCIPAL AWARDS}

\begin{tabular}{ll}
\textbf{YEAR 3KC} & \textbf{YEAR 5SC} \\
Thejas Brijesh & Brody Hill \\
Bethany Mahinay & Bailey Wishart \\
Phoebe Caputo & \\
\textbf{YEAR 3LR} & \textbf{YEAR 5TB} \\
Bayden Murphy & Brayden Peiris \\
\textbf{YEAR 4WG} & Dhineshi Randeniya \\
Michaela Stipkovic & Cassandra Harding \\
Astin Bijoy & \\
\textbf{YEAR 4OB} & \textbf{YEAR 5RK} \\
Samuel Davenport & Jaylah Pele \\
Thomas Suhr & Liam Campos \\
Phoebe Shamoon & Cooper Monson \\
\textbf{YEAR 4CJ} & \textbf{YEAR 6OB} \\
Isahn Cas & Danika Burcheri \\
Aaron Fernando & Aden Dale \\
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\begin{tabular}{ll}
& \textbf{YEAR 6VD} \\
& Francesca Reyes \\
& Damon Mendez Lozano
\end{tabular}
RE NEWS

Parish Weekend Masses:
**Saturday:** 6pm  **Sunday:** 9am, 10.30am and 6pm

Reconciliation: **Saturday 9.30 – 10am and 5.30pm or by arrangement.**

Rosary Beads: **Rosary Beads are available for purchase at the cost of $1.00. Please send the money in an envelope marked with your child’s name and grade.**

**First Communion:** Please prayer for children who are receiving their First Communion over the next month.

**Ceremonies:**
- Saturday 15th, Sunday 16th October
- Saturday 22nd, Sunday 23rd October
- Saturday 29th, Sunday 30th October
- Saturday 5th, Sunday 6th, November

All First Communion Masses will be held at St Michael’s, our Parish Church.

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**October, the Month of the Holy Rosary**

**Hail Holy Queen**

Hail, Holy Queen, Mother of Mercy, hail our life, our sweetness and our hope, to thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this valley of tears; turn, then, most gracious Advocate, thine eyes of mercy towards us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary!

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**Mass Timetable Term 3:** All Masses are at 9.30am unless otherwise advised.

- Oct 14th – Yr 2 & Yr 3
- Nov 4th - Yr 4
- Nov 11th – Foundation & Yr 1
- Nov 18th – Yr 5 & Yr 6
- Dec 6th – Graduation Mass at 6.30pm
- Dec 16th – End of Year Mass

“*Trust your own instinct. Your mistakes might as well be your own, instead of someone else’s*”

Billy Wilder

Peggy Harvey
REL
## St. Catherine's Term Overview

### Term 4 2016

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<td>P&amp;F 7pm</td>
<td>7.30pm Prep parents Orientation Night</td>
<td>Graduation and whole school photo 11.30am</td>
<td>11.00am – 1.00pm - Grade 5 alternative sports program</td>
<td>First communion Ceremonies</td>
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<td>Year 3 Sleepover</td>
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<td>Canberra Camp Year 6 Leadership Weeke Year 5</td>
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<td>Craftpower Incursion-Mackillop booked all day</td>
<td>Year 5 alternative sports program</td>
<td>First Communion Ceremonies</td>
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<td>7.30PM SCHOOL BOARD</td>
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<td>HOOPTIME Grade 3-4 Regional Finals-Future Stars.</td>
<td>SPORTS DAY</td>
<td>First Communion Masses</td>
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<td>Oct 31</td>
<td>Nov 1</td>
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<td>STUDENT FREE DAY MELBOURNE CUP DAY STUDENT FREE DAY</td>
<td>Prep 2017 Orientation 1</td>
<td>Note Preps 2016 NO SCHOOL</td>
<td>Nov 3</td>
<td>Year 4 Mass and lunch</td>
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<td>School Board 7pm</td>
<td>11.00am - Remembrance Day Foundation and Year 1 class Mass</td>
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<td>Parents and Friends AGM</td>
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<td>Nov 17</td>
<td>Year 5 &amp; 6 class Mass</td>
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<td>Prep Orientation 2</td>
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<td>SFX Yr 7 Orientation Day</td>
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<td>End of year Family Christmas Night 5.30pm</td>
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<td>Dec 10/11</td>
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<td>6.30pm Graduation Mass and Supper</td>
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<td>Board Dinner 7pm</td>
<td>Doveton Pool Day</td>
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<td>Dec 12</td>
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<td>Reports home</td>
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<td>Dec 14</td>
<td>Dec 16</td>
<td>End of Year Mass 9.30am Orientation 11.30-12.30pm Last day for students 3.15pm dismissal</td>
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**PLEASE NOTE RECENT CHANGES IN RED**
LOST PROPERTY
Luca Pascuzzi 5SC has lost her jumper size 12, it has her name on it. Please return to Luca if found.

ASSEMBLY
This week’s Assembly will be hosted by FRG in the MP Room at 2.30pm.

LIBRARY NEWS
Melbourne Child Magazine is available from our Library.

HAPPY BIRTHDAY
Antonio Andrew
Callum Roberts
Austin Alvarez
Kieren Godoy-Villalobos
Zavier Cabrera-Conag
Ruby Lewis
Aiden Peak
Ava Stella
Kaleb Cole
Chloe Lainez-Sanchez
Ava Rob
Rayaan Wani

UNIFORM SHOP

PLEASE NOTE OUR UNIFORM SHOP PRICE LISTS ARE ON OUR WEBSITE UNDER SCHOOL COMMUNITY/SCHOOL UNIFORM

Open Hours
Monday and Friday 8:30am-10:45am
Tuesday, Wednesday, Thursday 8:30am-9:00am

To order:
- Visit the Uniform Shop,
- Phone, sms or email your order to Jan
- Complete order form and leave with Class Teacher or Reception. If paid in full, goods will be delivered to Class Teacher.
  You can email your order to
  - jan-k@bigpond.com, or SMS or phone 0448 060 100, or complete an order form which can be left at uniform shop, send to shop via your child, or left at reception - or visit the uniform shop during open hours.

Note: Unpaid goods will be held for one week ONLY in the shop awaiting payment and collection.

Iron on labels 80 cents per label
or $3.50 for 5

Thankyou
Jan
0448 060 100

CANTEEN NEWS

VOLUNTEER HELPERS ARE REQUIRED FOR CANTEEN THIS TERM

Tuesday or Thursday in Canteen from 8.45am - 10.30am
Monday, Wednesday or Friday for Icy pole sales from 12.45pm - 1.30pm

Please notify Louise by Friday 14th October if you can help out. Ring or text on 0412828059 or email louise.flann@gmail.com.

Icy poles are for sale in Term 4 on a Monday, Wednesday & Friday ONLY for $1.20 and watermelon is also available again for order through lunch orders.

VOLUNTEERS URGENTLY REQUIRED FOR ICYPOLe DUTY
Icy pole sales will have to be cancelled at the end of next week as there are only enough helpers for the following week. The canteen staff do not work on icy pole duty days so the service relies on volunteers only. Even if you could only commit to one duty, it all helps. It would be a shame for the students to have to miss out on their summer treat.
SPORT NEWS
Congratulations to the following people who have qualified for SMR Regional Athletics at Casey Fields tomorrow.
Teaghan Firth, Jared D’Silva, Ewan Carpenter, Brody Hill, Archer McMenamin, Hayley Sillekens, Erica Safro-Sarpong.

GRADE 5 ALTERNATIVE SPORTS PROGRAM (TERM 4)
In support of our regular Physical Education program at St Catherine’s, this term our Grade 5 students are participating in ‘Alternative Sports’ rotations. These rotations introduce students to the skills and challenges of sports/pursuits that they may not generally experience or have considered before as an extra-curricular activity. Activities that students experience in programs such as these, also seek to develop a cross curricular link- such as the use of literacy skills in post rotation reflections.
The Grade 5 classes will attend rotations of rock climbing, fencing and self defence. Last Friday marked the first week of the program and by listening to the positive feedback so far, Weeks Two and Three of the program promise to be an excellent experience.
The following are photos of students from 5SC at Clip ‘n’ Climb in Berwick:
On Thursday 6th October the St Catherine’s Grade 3/4 All Star boy’s basketball team competed in the Regional finals at Dandenong Basketball Stadium. The boys played their best basketball and demonstrated great skills and after winning their 3 matches in their round competed in the Finals and won!!

Congratulations to the boys and to the Grade 6 coaches for their great effort.

The State Finals will be on the 21st November Monday at Dandenong Stadium.

The Grade 3/4 team was made up of the following fantastic players:

1. Phoenix Windsor 4CJ
2. Cedric Rault 4NG
3. Ryan Fox 3LR
4. William Burke 3KC
5. Marcus Krasnadamskis 3LV
6. Brandon Pele 3ST
7. Sebastian Rault 3KC
8. Thomas Tour 4WG

COACHES: Cameron Nicholls 6OB AND Finn Devine 6OB

I would like to say a special thank you to the parents who came on the day to support our St Catherine’s team and to Mrs Cassandra Burke who assisted in driving the children to the stadium and supplying the half time lollies. Thanks!

It was a wonderful experience for the boys who demonstrated great sportsmanship in all their games, tried their hardest and their best. It has been a pleasure training the Hooptime Team and I look forward to the State Finals.

Go St Catherine’s!

Ms Daina Balnionis
Walk to School

VicHealth’s Walk to School month encourages primary students to walk to and from school throughout October to build healthy habits for life.

Escape the morning traffic by walking to school this October. Walking to school can reduce traffic congestion and related pollution.

There are PRIZES available at St Catherine’s.

→ The 8 most active grades win wheels day—students bring their wheels from home and a helmet (bikes, green machine, scooter, rip stick...) and during class time go through an obstacle course
→ The most active grade in the school wins 10 points per student for their house

Walk to School is a VicHealth initiative.
Find out more at www.walktoschool.vic.gov.au.